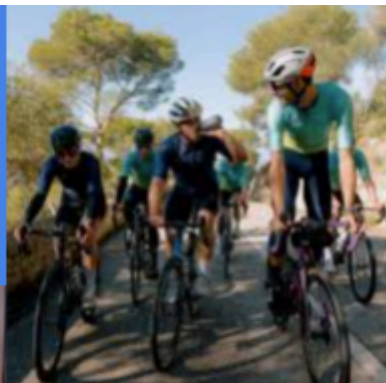




**Monthly
newsletter**

**Farnham u3a
2024/2025**



**100 Groups
1000 members**



**Join Farnham
u3a**



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General information

Welcome to Farnham u3a and our programme for 2024–2025. This is where we list all our groups and activities and tell you how you can participate.

Remember that changes will occur during the year. Please check back on the website www.farnhamu3a.org.uk to make sure you are accessing the latest information.

Key dates for 2024–2025

Open Morning – Monday **15 July, 10.00 to 12.00**, Farnham Maltings. An opportunity to talk to Group Leaders about the many groups available.

Annual General Meeting

The Annual General Meeting will be held on **23 September 2024 starting at 2pm** before a talk about the History of the Maltings by Peter Glanville in the Barley Room at the Maltings. Refreshments will be served.

Annual Group Leaders and Group Contacts Meeting

This meeting will be held on **21 March 2025** – Group Leaders and Group Contacts will be invited. Two training meetings for new group leaders will be held on **22 July** and **4 September**.

New Members' Receptions

We are eager to welcome new members and hold receptions for them in the autumn and in the spring. New members will receive an invitation to these events, but as advance notice the first one is scheduled for **7 October 2024** and the Spring one for **10 March 2025**.

Groups

Groups operate from **Monday, 2 September to Friday, 27 June**, with short breaks for Christmas and Easter. A few groups may continue over the summer.

To join a group please email the group contact. If the group is full please ask to be put on the waiting list by the group contact. To join a group you must be a member of Farnham u3a, and you will need to provide your membership number.

If you find you can no longer attend a group, please inform the group contact so that someone on the waiting list can take your place.

Most groups meet at the Farnham Maltings – where this is not the case, the meeting location is specified in the programme. Please note that the rooms allocated to groups in the Maltings are posted daily on the whiteboard opposite the reception desk. Room changes can occur at short notice, so always check the board.

Social Events

Dates for social events will be posted on the Events Calendar, on the website, on the u3a noticeboard in the corridor towards the Great Hall, and in eNews. Contact the Membership Engagement Facilitator for more information. Several **quizzes** are scheduled throughout the year in the evenings. They are usually held from 6.30 to 9.30pm. All u3a members are welcome. You may participate as a member of a team, but by all means turn up on your own as we form ad-hoc teams on the night.

Quiz dates	
5 September 2024	24 October 2024
6 December 2024	6 February 2025
3 April 2025	5 June 2025

The monthly **Cuppa-and-a-chat** sessions are informal pop-in affairs held in the Maltings café. They offer all members the opportunity to meet up with other members and exchange ideas, find out more about what is happening in Farnham u3a or simply to be sociable.

We are planning further social events. More detailed information will be provided via eNews, on the website and by email.

Contacts

If you require further information on anything not covered in the programme, please contact the secretary.

To email a committee member or key role holder, insert the relevant email name immediately in front of @farnhamu3a.org.uk (e.g. chair@farnhamu3a.org.uk)

Committee members & key role-holders 2024-25

(* committee) – Committee changes were agreed at the AGM

Role	Role holder	Email name
Chair*	Philip Oliver	chair
Vice-Chair*	Jane Moberly	vicechair
Secretary*	Sally Bowden	secretary
Treasurer*	Shree Merriman	treasurer
Membership Secretary*	Cynthia Barnett	members
Groups Liaison*	Andrew Morgan	groups
Events*	Vivienne Miller	events
Membership Engagement & Accessibility Facilitator*	Jane Moberly	membereng
Marketing*	Steve Tilburn	marketing
Programme*	Annette Kratz	prog

Role	Role holder	Email name
Database*	Annette Kratz	beaconadmin
Theme Meetings	Pauline Belfield	theme
Monthly Meetings	Jenny Bray	monthlymtgs
Technical (sound & visual)	Clive Vinall	tech
Hybrid meetings	Alan Freeland	hybrid
Website	Keith Black	webmaster

Annual Theme

Our annual theme this u3a year is Extraordinary People. Presentations are given monthly on Friday mornings in the Barley Room at Farnham Maltings, starting at 10.30 a.m. and lasting approximately one hour. Please note, however, that the Christmas Event starts at 2.00 p.m. All members are welcome.

The room capacity is 100 and admittance will be on a first-come first-served basis.

Date	Speaker	Title	Description
20 Sep	Mike Grundy	Sir Eduardo Paolozzi	A pioneer of UK Pop Art, Paolozzi became one of the leading artists, mosaicists and sculptors of the post-war period. His large-scale public commissions transformed and enhanced key London spaces e.g. the British Library, Design Museum, Euston station and Tottenham Court Road Tube station.
25 Oct	Richard Thomas	Admiral Lord Thomas Cochrane (1775– 1857)	One of Nelson's admirals, and one of Britain's most extraordinary naval heroes, named 'Loup des Mers' by Napoleon. Also worked

			with Brunel on a number of inventions and entered Parliament as a reformer, becoming a good friend to William Cobbett.
22 Nov	Laurence Anslow	Winston Spencer Churchill	In this, the 150 th year and month of Churchill's birth, Laurence looks at those writers who influenced Churchill's ideas and literary output, how he produced an income from his own published works, and his Official Biography, composed over many years following his death in 1965.
20 Dec pm	Andy Wood	Christmas Event	An afternoon of music, humour and drama presented by Andy and friends.
17 Jan	Andrew Morgan	Michael Collins, Irish Republican	A participant in the Easter Rising and one of the founders of The Irish Free State, Michael Collins was the son of a poor farmer from County Cork. He rose from these difficult circumstances to be one of the men who shaped modern Ireland. Charismatic and ruthless, focused on the prize of an Irish Republic, which sadly he didn't live to see.
7 Feb	Chris Herbert	Louisa Twining	A courageous and canny Victorian social reformer and a member of the famous tea family, who devoted her life to improving the conditions of the workhouse poor.
14 Mar	Adrian Martin	Great Musicians	Music is an integral part of most of our lives – find out who are the greatest and see if you agree!
25 Apr	Peter Duffy	Isabella of Spain	A woman ruler in her own name in what was totally a man's world, creator of the modern idea of

			Spain, of "Hispanidad", of the Spanish empire and the mother of three queens (those of Portugal, England and Burgundy).
23 May	Alan Freeland	Catherine the Great	Wouldn't it be wonderful to be ruled by someone with intelligence, charm, empathy, oodles of love, and an ability to fashion a Golden Age. Be careful what you wish for.
20 Jun	Lorna Thomas	Gertrude Bell	The Daughter of the Desert. Simultaneously an Iraqi nationalist and a British imperialist. Described by some contemporaries as an arduous and dangerous adventurer – who was the real Gertrude Bell?

Monthly Meetings

All members are welcome to Monthly Meetings, usually talks by external speakers, which take place on Monday afternoons at 14.00 in the Barley Room and last about an hour. Capacity is 100 and admittance is on a first-come first-served basis.

Date	Speaker	Title	Description
30 Sep	Roy Waight	More and More	The Miracle of Mount Olivet. Telling the history of More House School in Rowledge.

14 Oct	Paul McCue	Yvonne Cormeau (SOE)	The life and service of Flight Officer Yvonne Cormeau, MBE (Mil), Légion d'Honneur, Croix de Guerre, Médaille de la Résistance – one of the most successful, but least-known, agents of F (French) Section of the Special Operations Executive (SOE) during the Second World.
11 Nov	Alan Freeland	The East India Company 1600-1874	Companies like Amazon, Apple and Shell are richer and more powerful than many countries. What happens when companies driven by profit are inadequately regulated? We explore the rise and fall of the world's most powerful private company.
9 Dec	Chris Herbert	Crazy for Tulips	In the 17th century Netherlands people went mad for tulips. A huge financial bubble resulted which suddenly imploded. What was it about tulips which caught the imagination of the speculators? Come along and find out...
6 Jan	Dr Judith Hill MA PhD	Thomas Holloway	A man of contradictions and a great benefactor, who built a patent medicine empire in Victorian times.
3 Feb	Jan Parsons	Prague and Mozart's travels	A photographic journey showcasing the beautiful architecture of the places Mozart visited during his short life but interwoven with the story of his life, his music and his struggles.
3 Mar	Mike Grundy	Mornington Crescent	A beautiful early-Georgian Crescent, whose obliteration by a factory in the 1920's triggered the legal protection of London's other green squares and crescents. Also the title of London's most intriguing party game, a place

			that has inspired artists from Walter Sickert to Frank Auerbach.
31 Mar	Jim Holmes	Dig it Deep and Dam it Up	Jim was Consultant Photographer on this huge project in land-locked Laos at the heart of South East Asia. He lifts the lid on the equipment, processes, challenges and outcomes of this vast project through his dramatic images and first-hand experiences.
12 May	Sharon Wright	High Society	In the 1900s balloons became all the rage among ladies who lunched... and flew for fun. Long before women won the vote these have-a-go heroines seized a freedom in the sky that was to be found nowhere on the ground.
9 Jun	Jenny Bray	Quirky Slideshow	A lighthearted look at some everyday snapshots.

Group information September 2024 to June 2025

For more information on each group and to register an interest in being a member, please get in touch with the person named as the Contact for the group using the email address given.

Groups are listed in alphabetical order of subject. An [index](#) follows the main list.

Architecture

– John Townsend

An informal participatory group with a shared interest and enthusiasm for architecture. Largely self-led with member presentations accompanied by

<i>lively discussion. Occasional visits. All are welcome.</i>				
Contact	John Townsend – arch@farnhamu3a.org.uk			
Meets	Monthly, Tuesdays, 10.00–12.00			
Sep 17	Oct 15	Nov 19	Dec 10	Jan 21
Feb 18	Mar 18	Apr 15	May 20	

Art History				
– Ann Vickers				
<i>We encourage members to give an illustrated talk on an artist, school of painting, or era, of their choice. You can also just come to watch and listen.</i>				
Contact	Ann Vickers – arthist@farnhamu3a.org.uk			
Meets	Monthly, Friday, 14.00–16.00			
Sep 6	Oct 4	Nov 1	Dec 6	Feb 7
Mar 7	Apr 4	May 2	Jun 6	

Artificial Intelligence				
– Alan Freeland – NEW				
<i>This group has two aims. First, to provide members the confidence and support to proactively use Artificial Intelligence (AI) in their everyday lives both for fun and as an assistant in solving life's many tasks. Members will be expected to use AI Chatbots, such as ChatGPT, between meetings and share their experiences. Second, to explore how AI is being used in society. Members will be expected to share their views on these topics. Typically each month's class will have two sessions, one focused on AI and society and one focused on members' use of AI.</i>				
Contact	Jane Foster – ai@farnhamu3a.org.uk			
Meets	Monthly, Wednesday, 14.00–16.00			

Sep 4	Oct 9	Nov 6	Dec 11	Jan 15
Jan 29 Zoom only	Mar 5	Apr 2	May 14	Jun 4

Astronomy

– Laurence Anslow

An informal group with discussions and presentations on all aspects of Astronomy and Space Exploration. The group is led by a science and astronomy teacher. Beginners and more experienced astronomers are welcome.

Contact	Lynne Watson – astro@farnhamu3a.org.uk			
Meets	Monthly, Wednesday, 14.00–15.45			
Sep 11	Oct 9	Nov 13	Dec 11	Jan 8
Feb 12	Mar 12	Apr 16	May 14	Jun 11

Beginner's Cookery

– Pat Thorns and the Cookery Team

A basic cookery course of 10 lessons for those with little or no previous cookery knowledge. The aim is to give participants sufficient skill and confidence to carry on cooking after the course. The course will cover nutrition, food hygiene and knife skills. There will be a small fee for this course for shared ingredients. Classes will be in the early evening at All Hallows school.

Contact	Patricia Thorns – cook@farnhamu3a.org.uk			
Meets	Classes will be held at All Hallows School, 17.00–19.00			
Sep 17	Oct 1, 8, 15, 22	Nov 5, 12, 19, 26	Dec 3	

Birdwatching

– self-led

A monthly two hour long amateur birdwatching walk, visiting local nature and bird reserves with members choosing to lead walks throughout the programme.

Contact	Chris Wilson – bird@farnhamu3a.org.uk			
Meets	Monthly, Third Tuesday at 10.00am, at various locations			
Sep 17	Oct 15	Nov 19	Jan 21	Feb 18
Mar 18	Apr 15	May 20	Jun 17	

Book Groups

We have six groups in this category currently: two generic Book Groups, Modern Novel, a Theme Book Group and two groups discussing World Literature.

Book Group 1 – self-led

This lively group meets to discuss a book we have read, introduced by a member of the group. We choose ten books in advance covering a wide range of modern novels, classics and biographies, old and new.

Contact	Penny Bonner – book1@farnhamu3a.org.uk			
Meets	Monthly, Friday, 14.00–15.30			
Sep 20	Oct 25	Nov 22	Dec 20	Jan 31
Feb 28	Mar 28	Apr 25	May 30	Jun 27

Book Group 2 – self-led

Another group of keen readers meeting monthly to discuss a wide range of books chosen in advance, from 19th and 20th century classics to contemporary novels and non-fiction, each introduced by a group member.

Contact	Margot Tringham – book2@farnhamu3a.org.uk			
Meets	Monthly, Friday, 10.30–12.00			
Sep 20	Oct 18	Nov 22	Dec 13	Jan 17
Feb 21	Mar 14	Apr 25	May 16	Jun 20
Modern Novel – David Helsdon				
<i>We select literature of the 21st century. Ten titles are chosen from suggestions within the group, and a member presents the chosen book for discussion at the monthly meeting.</i>				
Contact	Margaret Popovic – modnov@farnhamu3a.org.uk			
Meets	Monthly, Wednesday, 10.00–12.00			
Sep 4	Oct 2	Nov 6	Dec 4	Jan 8
Feb 5	Mar 5	Apr 2	May 7	Jun 4
Theme Book Group – Patricia Thorns				
<i>Our theme this year is “Extraordinary People”.</i>				
Contact	Patricia Thorns – themebook@farnhamu3a.org.uk			
Meets	Monthly, Tuesday, 14.00 – 16.00			
Sep 17	Oct 22	Nov 19	Dec 17	Jan 14
Feb 18	Mar 18	Apr 22	May 27	Jun 17
World Literature 1 – Gillian Watts				
<i>We read novels which explore countries and cultures around the world. Each month a novel is introduced by one of our group, leading to lively discussions about the authors, the writing, the countries covered and wider issues.</i>				
Contact	Gillian Watts – worlit1@farnhamu3a.org.uk			
Meets	Monthly, Tuesday, 10.00–12.00			
Sep 3	Oct 8	Nov 5	Dec 3	Jan 7
Feb 4	Mar 4	Apr 1	May 6	Jun 3

World Literature 2 – self-led				
<i>We take a lively look at books – mainly fiction but not exclusively – from around the world by authors, some known but many unfamiliar. We enjoy the discovery of new names, stories and ways of life that the books open for us.</i>				
Contact	Katy Dawes – worlit2@farnhamu3a.org.uk			
Meets	Monthly, Friday, 10.15–12.00			
Sep 6	Oct 4	Nov 1	Dec 6	Jan 3
Feb 7	Mar 7	Apr 4	May 2	Jun 6

Bookbinding – Rhona Jones				
<i>Discover how to become a Bookbinder, creating a book from scratch. Also learn about book repair. Help and advice is given if required. Some equipment and materials are provided at cost.</i>				
Contact	Jane Kirby – bobind@farnhamu3a.org.uk			
Meets	Weekly, Thursday, 9.30–12.30			
Sep 5,19,26	Oct 3,10,17,24,	Nov 7,14,28	Dec 5	Jan 9,16,23,30
Feb 6,20,27	Mar 6,13,27	Apr 3,17,24	May 1,8,15,22,29	Jun 15,19,26

Bowls, Lawn – Stephen Samuel				
<i>Why not try the game of bowls with a very friendly club? Taster sessions introduce beginners to try out their skills – all comers being most welcome. Wear what you like but you must have flat-soled shoes. First Free Taster Session on Sunday, 11th May 2025 at 10.00am. This will be the first of three sessions at Seale and Sands Bowls Club located by the British Legion, The Sands, GU10 1LL. The following sessions will be 18th May and 1st June. Plentiful parking. The club will lend you bowls. PLEASE RESERVE A PLACE.</i>				

Contact	Stephen Samuel – bowls@farnhamu3a.org.uk
Meets	Weekly roll up sessions throughout the summer, Tuesdays/Thursdays, from June, 10.00–12.00, for members who join the Seale and Sands Bowls Club.

Bridge – Duncan Weir				
<i>We are a friendly group. No tuition. Come with or without a partner. This group now meets at the Bourne Club in order to accommodate more members.</i>				
Contact	Duncan Weir – bridge@farnhamu3a.org.uk			
Meets	Weekly, Thursday, 13.45–16.00			
Sep 5, 19, 26	Oct 3, 10, 17, 24, 31	Nov 7, 14, 28	Dec 5, 12, 19	Jan 2, 9, 16, 23, 30
Feb 6, 20, 27	Mar 6, 13, 27	Apr 3, 17, 24	May 1, 8, 15, 22, 29	Jun 5, 19, 26

Choral Music Appreciation – Geoff Quick – NEW				
<i>The group will meet monthly for a 90 min to 2 hour session. At each meeting, one member of the group will introduce a composer or theme and play a selection of choral excerpts or complete pieces to illustrate the theme/composer. There will be informal discussion about the pieces chosen over tea/coffee.</i>				
Contact	Geoff Quick – choapp@farnhamu3a.org.uk			
Meets	Monthly, Tuesday, 10.00–12.00			
Oct 22	Nov 26	Jan 14	Feb 11	Mar 11
Apr 15	May 27	Jun 17		

Chair Yoga

– Carole Chappell – NEW

There will be two groups that will meet weekly on a trial basis for the rest of this year. It is run by a professional tutor and there will be a charge of £60 for the course. The meeting place is Spire Church, South Street.

Contact	Carole Chappell – chyoga@farnhamu3a.org.uk
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Meets	Chair Yoga 1 Weekly, Thursdays, 12.30–13.30
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Apr 24	May 1, 8, 15, 22, 29	Jun 5, 12, 19		
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Meets	Chair Yoga 2 Weekly, Fridays, 12.30–13.30
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Apr 25	May 2, 9, 16, 23, 30	Jun 6, 13, 20		
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Church Visits

– Geoff Quick – NEW

The group will meet every 2 months. One member of the group will organise a morning or afternoon visit to one or more local places of worship, followed by a coffee/tea or lunch stop. Hopefully we can organise someone to be on hand at each church to talk about the history of the building and point out the interesting features.

Contact	Geoff Quick – chuvis@farnhamu3a.org.uk
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Meets	Various
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Classical Studies

– Laurence Carter

Classical Studies covers a huge variety of topics: Art, Drama, Poetry, History, Philosophy etc. Knowledgeable people in our u3a lead sessions on their own subjects but there's lots of room if you just want to come along and listen.

Contact	Alison Gordon – class@farnhamu3a.org.uk
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Meets	Monthly, Tuesday, 14.00–16.00
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Sep 17	Oct 15	Nov 12	Dec 10	Jan 14
Feb 11	Mar 11	Apr 15	May 13	Jun 10

Climate Change

– Stewart Edge & Philip Oliver

For those concerned about the future of the planet and our legacy for future generations. We will explore the issues involved – technical, economic, behavioural and more. Members will be encouraged to research specific topics and present their findings to the group for discussion.

Contact	Stewart Edge – clim@farnhamu3a.org.uk
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Meets	Monthly, Wednesday, 10.00–12.00
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Sep 11	Oct 9	Nov 13	Dec 11	Jan 8
Feb 12	Mar 12	Apr 16	May 14	Jun 11

Concert Club

– Alison Boydell, Mary Somerville, Juliet Evans

Concert Club is for people who enjoy listening to live classical music. We organise concerts at various venues, travelling by coach. For trips to London we try to arrive about an hour before the concert so people can have a meal beforehand if they wish. The concerts we choose cover as wide a spectrum

of music as possible – we try to vary orchestras, venues and repertoire to please as many group members as we can. They can select as many concerts (or as few) as they like. For more details go to:

<https://farnhamu3a.org.uk/groups/concert-club/>

Contact	Mary Somerville – concert@farnhamu3a.org.uk
Meets	Meeting dates and the programme will be on our group page on the Farnham u3a website.

Creative Writing

– self-led

This self-led group aims to provide a friendly and encouraging venue for aspiring writers. Every month we each read a short (no more than 1,000 words) work of fiction we have written, on a title or idea chosen the previous month. Our stories encompass a wide range of genres and may include memoirs, poetry, flash fiction, and excerpts from longer works. They just have to be creative! Only positive, non-critical feedback is allowed.

Contact	Len Davis – cw@farnhamu3a.org.uk			
Meets	Monthly, Wednesday, 10.00–12.00			
Sep 11	Oct 9	Nov 13	Dec 11	Jan 15
Feb 12	Mar 12	Apr 23	May 14	Jun 11

Cryptic Crosswords

– Geoff Quick

For those intrigued by cryptic crosswords. Ideally, you'll have an interest in words and a warped mind. All levels welcome.

Contact	Geoff Quick – cryp@farnhamu3a.org.uk
Meets	Fortnightly, Monday, 14.00–15.00

Sep 9, 23	Oct 14,28	Nov 11, 25	Dec 9	Jan 13, 27
Feb 10, 24	Mar 10, 24	Apr 14, 28	May 12	Jun 9, 23, Jul 7
Online meetings	Other meetings will take place on Zoom – contact Geoff Quick for details.			

Current Affairs

We have three groups. Members come prepared to discuss significant events at home and abroad. They are encouraged to add topics for discussion.

Current Affairs 1 – Jo Huddleston

Contact	Di Huddleston – ca1@farnhamu3a.org.uk			
Meets	Fortnightly, Monday, 10.00–12.00			
Sep 2, 16	Oct 214, 28	Nov 11, 25	Dec 9	Jan 13, 27
Feb 53,17	Mar 3, 17, 31	Apr 14,28	May 12	Jun 9,23; Jul 7, 21

Current Affairs 2 – Clive Cook & Stuart May

Contact	Carol Sacha – ca2@farnhamu3a.org.uk			
Meets	Fortnightly, Wednesday, 10.00–12.00			
Sep 11, 25	Oct 9, 23	Nov 13, 27	Dec 11	Jan 8,15
Feb 12, 26	Mar 12,26	Apr 16, 30	May 14, 28	Jun 11, 25; Jul 9 23

Current Affairs 3 – Stewart Edge

Contact	Stewart Edge – ca3@farnhamu3a.org.uk			
Meets	Fortnightly, Thursday, 10.00–12.00			
Sep 5, 19	Oct 10, 24	Nov 7, 14, 28	Dec 5, 12	Jan 16

Feb 6, 20	Mar 13, 27	Apr 3, 17	May 1, 15	Jun 5,19
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Cycling Club

Monday: Andrew Melbourne, Maxine Dunn; **Wednesday:** Bob Mercer, David Hepper; **Thursday:** Ian Newman, Douglas and Jenny Gordon

This group gives all abilities of cyclists a chance to ride in a friendly, non-competitive environment. There are five rides in total across Mondays, Wednesdays and Thursdays. Minimum equipment: a well-maintained bike, cycle helmet, spare inner tube & pump. Additional equipment suggested: hi-vis jacket/tabard (u3a tabards available free to members), water bottle, money for coffee and cake. Cyclists with e-bikes are very welcome to join the rides. See also the group's webpage <https://farnhamu3a.org.uk/groups/cycling/> for information on risk assessment and compliance with regulations.

Monday Riders: a fortnightly chance for a bit of exercise after the weekend, a circular ride starting at 10.00 am from The Bourne Green (parking available). Distance will be between 20 and 25 miles at about 10-12 miles an hour, inevitably with undulations! We will generally keep to roads with a chance for refreshments during or at the end of the ride. Places will be limited to 15 plus a leader so group members will need to sign up for each ride via our group email.

Contact	MONDAY RIDERS – Andrew Melbourne & Maxine Dunn. cyclmon@farnhamu3a.org.uk				
Meets	Fortnightly, The Bourne Green, 10.00am				
Sep 2, 16, 30	Oct 7, 21	Nov 4, 18	Dec 2, 16	Jan 6, 20	Feb 3, 17
Mar 3, 17, 31	Apr 7	May 12	Jun 2, 16, 30	Jul 14, 28	Aug 11

Wednesday Riders: *There are three rides:*

easiest EASYRIDERS-NEW the aim of this group is to help people to re-start cycling, having not ridden for some time for various reasons including injury, illness, lack of time due to working etc. The rides will be 5-10 miles depending on those attending, at a gentle pace **but** in this area hills are inevitable. We hope to give you the confidence to get back on your bike to enjoy the exercise, fitness and camaraderie that comes with cycling.

easy EASY ROCKERS - about 15 - 20 miles at an average speed of about 12 mph, with some tracks;

moderate MODS - about 25 - 35 miles, at an average speed of about 13 mph, all on roads.

EASY ROCKERS AND MODS will stop for refreshments in a local café. These two groups are limited to 15 riders so please advise the contacts below if you wish to attend.

Contact	<p>EASY RIDERS: Brian Keen - cycnew@farnhamu3a.org.uk EASY ROCKERS: David Hepper - cyceasy@farnhamu3a.org.uk MODS : Bob Mercer - cycmods@farnhamu3a.org.uk We have created a WhatsApp group for the MODS cycling group to keep in touch. To be added, please email or call Bob Mercer.</p>
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Meets	EASY RIDERS will meet fortnightly at 9.45am for a 10.00am start at the Farnham Maltings unless otherwise advised.
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Sep 4	Oct 2, 16, 30	Nov 13, 27	Dec 11	Jan 8, 22	Feb 5, 19
Mar 5, 19	Apr 2, 16, 30	May 14, 28	Jun 11, 25	Jul 9, 23	Aug 6, 20

Meets	EASY ROCKERS and MODS: the plan is for rides to be weekly, Wednesday, 10.00 - 13.30, throughout the year, meeting at Farnham Maltings, unless otherwise advised.
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Sep 4, 11, 18, 25	Oct 2, 9, 16, 23, 30	Nov 6, 13, 20, 27	Dec 4, 11, 18	Jan 8, 15, 22, 29	Feb 5, 12, 19, 26
Mar 5, 12, 19, 26	Apr 2, 9, 16, 23, 30	May 7, 14, 21, 28	Jun 4, 11, 18, 25	Jul 2, 9, 16, 23, 30	Aug 6, 13, 20, 27

Thursday Riders: *Circular cycle rides of around 15 to 18 miles at an average speed of 8 to 9 mph, organised and led by group members, from various*

locations in the wonderful Surrey-Hampshire countryside, mostly on-road (quiet country lanes) and some tracks.

Contact	Ian Newman. Douglas Gordon, Jenny Gordon – cycthu@farnhamu3a.org.uk				
Meets	Thursday, 10.00 – 13.30, weekly, throughout the year at locations to be advised. You must let us know if you are planning on coming on a ride – please use the group email above.				
Sep 5, 12, 19, 26	Oct 3, 10, 17, 24, 31	Nov 7, 14, 21, 28	Dec 5, 12, 19	Jan 2, 9, 16, 23, 30	Feb 6, 13, 20, 27
Mar 6, 13, 20, 27	Apr 3, 10, 17, 24	May 1, 8, 15, 22, 29	Jun 5, 12, 19, 26	Jul 3, 10, 17, 24, 31	Aug 7, 14, 21, 28

Day Trips

– Steve Tilburn and Mandy Caine– **NEW**

The aim is to provide at least 10 Trips each year by coach from 2 pick-up points in Farnham – namely Hart Car Park and Sainsbury's Water Lane. Farnham u3a have arranged with a local Travel Company an exclusive deal to provide day trips selected by the Day Trip Group Leaders, in consultation with Group Members, to various sites in the Southeast. The places visited will be of general interest and each trip length will aim to be up to a max of 8 hours in length. Trips will be competitively priced, and members selected on a first come, first served basis by the Group Leaders.

Contact	Steve Tilburn – u3adaytrips1@outlook.com Mandy Caine – u3adaytrips2@outlook.com
Meets	Various

French

We currently have seven French language groups, set out below.

Elementary French – Penny Quéré

Level 1/2. For those with a little previous knowledge of the language. The emphasis will be on conversation but covering grammar, pronunciation and reading as required.

Contact	Penny Quéré – freel@farnhamu3a.org.uk			
Meets	Fortnightly, Wednesday, 13.15–14.45			
Sep 25	Oct 9, 23	Nov 13, 27	Dec 11	Jan 8, 15, 29
Feb 12, 26	Mar 12, 26	Apr 16, 30	May 14, 28	Jun 11, 25

French Intermediate Conversation 1 – Maryse Houston

Level 3+. Relaxed topical conversation at your own level.

Contact	Maryse Houston – freintcon1@farnhamu3a.org.uk			
Meets	Fortnightly, Thursday, 11.00–12.00			
Sep 5, 26	Oct 10, 24	Nov 14, 28	Dec 5, 19	Jan 9, 23
Feb 6, 20	Mar 6, 20	Apr 3, 17	May 8, 22	Jun 5, 19

French Intermediate Conversation 2 – Clare and Jim Parker

Level 3+. Relaxed topical conversation at your own level

Contact	Clare and Jim Parker – freintcon2@farnhamu3a.org.uk			
Meets	Fortnightly, Tuesday, 12.30–13.30			
Sep 10, 24	Oct 8, 22	Nov 5, 12	Dec 3, 17	Jan 7, 21
Feb 4, 18	Mar 4, 18	Apr 15, 29	May 13, 27	Jun 10, 24

French Advanced Conversation – Sarah Hebborn

Level 6. A conversation class, conducted entirely in French, where participants are expected to be completely fluent in French. Best suited to those who have lived and worked in French speaking countries or are graduates in French or whose mother tongue is French.

Contacts	Sarah Hebborn – freadcon@farnhamu3a.org.uk			
Meets	Fortnightly, Friday, 10.00–11.30			
Sep 20	Oct 4, 18	Nov 8, 29	Dec 13	Jan 10, 24

Feb 7, 21	Mar 14, 28	Apr 4, 25	May 19, 23	Jun 6, 20
French Higher Intermediate – Odette Byrne				
<i>Level 4. This year we will be reviewing major grammatical points for practice and improvement of written and oral skills and looking at French culture and life in a variety of ways.</i>				
Contact	Ian Ford – frehint@farnhamu3a.org.uk			
Meets	Fortnightly, Wednesday, 14.00–15.30			
Sep 4, 18	Oct 2, 16, 30	Nov 13	Dec 4, 18	Jan 8, 22
Feb 5, 19	Mar 5, 19	Apr 2, 16	May 7, 21	Jun 4, 18
French Intermediate – Sue Leach				
<i>Level 3. A qualified French teacher will run this group with the emphasis on oral practice including role play and using the book “French Experience Vol 1” (with CD).</i>				
Contact	Sue Leach – freint@farnhamu3a.org.uk			
Meets	Fortnightly, Monday, 10.30–12.00			
Sep 9, 23	Oct 7, 21	Nov 4, 18	Dec 2, 16	Jan 6, 20
Feb 10, 24	Mar 10, 24	Apr 14, 28	May 19	Jun 2, 16, 30; Jul 14
French Improvers – Jane Raw				
<i>Level 3. We will try to progress our grammar and conversation, learn more about French life and culture and maybe listen to the odd “chanson”.</i>				
Contact	Jane Raw – freimp@farnhamu3a.org.uk			
Meets	Fortnightly, Monday, 10.00–11.15			
Sep 9, 23	Oct 14, 28	Nov 11, 25	Dec 16	Jan 13, 27
Feb 10, 24	Mar 10, 24	Apr 14, 28	May 12	Jun 2, 16, 30

Geology 4 Non-Geologists

– Mick Caulfield and Andy Wood – **NEW**

The Geology 4 Non-Geologists group is designed for anyone who wants to learn more about geology, from rock types to fossils and from plate tectonics to meteorites.

Contact	Mick Caulfield – geol@farnhamu3a.org.uk			
Meets	Monthly, Wednesday, 14.00–16.00			
Sep 4	Oct 2	Nov 6	Dec 4	Jan 15
Feb 5	Mar 5	Apr 2	May 7	Jun 4

Geopolitics

– Rotating Chairperson

Discussion of a wide-ranging set of international and geopolitical subjects led by group members.

Contact	Pam Martin – geopol@farnhamu3a.org.uk			
Meets	Monthly, Friday, 10.00–12.00			
Sep 6	Oct 4	Nov 1	Dec 6	Jan 3
Feb 7	Mar 7	Apr 4	May 2	Jun 6

German

Our two German groups cater both for more advanced German language students as well as those continuing to master the language.

German Conversation – Clive Peters

Level 5+. This is largely a conversation group for those with a sound knowledge of German and willingness to participate. Members introduce a variety of subjects for discussion. New members welcome. There are two native German speakers in the class.

Contact	Clive Peters – gercon@farnhamu3a.org.uk			
Meets	Fortnightly, Wednesday, 10.00–11.30			
Sep 11, 25	Oct 9, 23	Nov 13, 27	Dec 11	Jan 8, 15

Feb 12, 26	Mar 12, 26	Apr 16, 30	May 14, 28	Jun 11, 25
German Improvers – Sigi Brown				
<i>Level 2+. For improvers, with emphasis on useful conversation for tourism/travel purposes in continental Europe, concentrating mainly on communication by learning vocabulary, pronunciation, everyday expressions and grammar.</i>				
Contact	Sigi Brown – gerimp@farnhamu3a.org.uk			
Meets	Fortnightly, Thursday, 10.30–12.00			
Sep 5, 26	Oct 10, 24	Nov 7, 28	Dec 5, 19	Jan 16, 23
Feb 20, 27	Mar 6, 20	Apr 3, 17	May 1, 8	Jun 19

Grumpy Old People – Mary Williams				
<i>Have you watched those Grumpy Old Men and Women on television, and can only think they talk good sense? If that is you – this is the group for you. We have two sub-groups, the first meeting normally on the 2nd Tuesday of the month and the second on the third Tuesday. Both are self-led: at the end of each meeting, members choose three or four topics for discussion at the next, giving time to arrive ready to have your say.</i>				
Contact	Mary Williams – grum1@farnhamu3a.org.uk			
Meets	Monthly, Tuesday, 14.30–16.00			
Grumpy Old People 1				
Sep 10	Oct 8	Nov 12	Dec 10	Jan 14
Feb 11	Mar 11	Apr 15	May 13	Jun 10
Grumpy Old People 2				
Sep 17	Oct 15	Nov 19	Dec 17	Jan 21
Feb 18	Mar 18	Apr 22	May 20	Jun 17

Handicraft

– Marion Mullen

We are a self-led group dedicated to knitting, sewing, tapestry, embroidery or any other type of handicraft. Bring along your current project and join us to share skills, ideas and the occasional guest demonstration.

Contact	Marion Mullen – handi@farnhamu3a.org.uk			
Meets	Fortnightly, Monday, 14.00–16.00			
Sep 9, 23	Oct 14, 28	Nov 11, 25	Dec 9	Jan 13, 27
Feb 10, 24	Mar 10, 24	Apr 14, 28	May 12	Jun 9, 23; Jul 7

Healthy Eating

– Thea Morgan

*An interactive group. Each meeting focuses on a different food group or groups, exploring the nutritional and health benefits or otherwise of the components. Recipes will be discussed for their health benefits then tried at home. Other topics will cover Ultra-processed Foods and types of diet. Additionally, members are invited to bring their favourite recipes or meal ideas to discuss how these can be made healthier. **Please note that this group will largely cover the same topics as in 2023–24, so if you attended that group, you may not wish to attend again.***

Contact	Thea Morgan – health@farnhamu3a.org.uk			
Meets	Monthly, Tuesday, 14.00–15.30			
Sep 24	Oct 29	Nov 26	Jan 21	Feb 25
Mar 25	Apr 22	May 27	Jun 24	

History groups

We have six groups which explore different aspects of history, both local and global.

Family History 1 & 2 – Lorna Thomas

Family History Main Group (1): Workshop style for those who have already begun their Family History research who want to gain more knowledge of recent FH developments; improve their research techniques; develop their family trees; learn about their ancestors from a historical perspective. A mixture of lecture style information; group discussions; cameos of ancestors; small projects and sharing information.

Family History Beginners Group (2): For beginners and those returning or restarting after a break. We will aim to cover the basic knowledge to get you started on your Family History journey. Format varies between lecture style information; discussion groups and sharing individual experiences. Including research techniques; online genealogy; family trees; available records and resources.

	Family History Main Group (1)			
Contact	Lorna Thomas – famhist1@farnhamu3a.org.uk			
Meets	Monthly, Thursday, 14.00–16.00			
Sep 19	Oct 17	Nov 7	Dec 19	Jan 16
Feb 27	Mar 13	Apr 17	May 22	Jun 19

	Family History Beginners Group (2) – NEW			
Contact	Lorna Thomas – famhist2@farnhamu3a.org.uk			
Sep 26	Oct 3	Nov 7	Dec 5	Jan 9
Feb 6	Mar 6	Apr 3	May 8	Jun 5

Farnham Local History – Brian White

Farnham and the surrounding area is rich in history. Group members are encouraged to share their knowledge and research. Some guest speakers.

Contact	Brian White – lochist@farnhamu3a.org.uk			
Meets	Monthly, Wednesday, 14.00–16.00			
Sep 4	Oct 2	Nov 6	Dec 4	Jan 8
Feb 5	Mar 5	Apr 2	May 7	Jun 4
History of Science – Simon Atkinson – NEW <i>We will be looking at some of the most important scientific discoveries and theories, the people involved and their impact. No scientific knowledge is necessary but group members will be expected to make a contribution and perhaps do some research of their own.</i>				
Contact	Simon Atkinson– histsci@farnhamu3a.org.uk			
Meets	Monthly, Thursday, 14.00–16.00			
Oct 24	Nov 14	Dec 12*	Jan 23	Feb 20
Mar 20	Apr 24	May 29	Jun 19	
*meeting will start at 2.30pm Military History – Nigel Hoad <i>We have presentations covering a variety of aspects – personnel, strategy, logistics, intelligence gathering, training, the evolution of weapons and their impact on battle tactics from ancient times to the present day.</i>				
Contact	Chris Howard – mihis@farnhamu3a.org.uk			
Meets	Monthly, Friday, 10.00–12.00			
Sep 20	Oct 18	Nov 8	Dec 13	Jan 3, 10
Feb 28	Mar 21	Apr 4	May 2	Jun 6
World History: Ancient, Medieval and Modern – Lorna Thomas, Alan Freeland, Tim Davies, Michael A 'Bear <i>A diverse group where the commonality is a passion for history! Variety of talk formats such as individual 80 minute presentations, short talks by several presenters on a theme, debates, interviews and book reviews.</i>				

Covering World History from Ancient times through Medieval to the Present. We will continue to offer hybrid sessions for most meetings, meaning that you will still be able to join us in person at the Maltings or on Zoom.

Contact	Lorna Thomas – worldhis@farnhamu3a.org.uk			
Meets	Fortnightly, Monday, 10.00–12.00			
Sep 16, 23	Oct 14, 21	Nov 11, 18	Dec 2, 16	Jan 6, 20
Feb 10, 24	Mar 10, 24	Apr 14, 28	May 19	Jun 2, 16, 30
Hybrid meetings	Most meetings will use the successful hybrid format i.e. meeting in person at the Maltings AND via Zoom link.			

Horticulture

– Costas Lymbouris

Horticulture offers an informative programme for experienced and inexperienced gardeners. You are welcome to join us whether you have a small courtyard garden or an extensive plot. We meet monthly for presentations by members sharing their horticultural knowledge, experiences, hints and tips; or presenting on places of horticultural interest they have visited. There are talks by outside speakers but we especially welcome participation by members, encouraging them to talk about their gardens and the plants they grow and also to share photos of these in our monthly video slideshow. A yearly subscription of £5 to cover the group's costs is required.

Contact	Jenny Colquhoun – horti@farnhamu3a.org.uk			
Meets	Monthly, Tuesday, 14.00–16.00			
Sep 3	Oct 8	Nov 5	Dec 3	Jan 7
Feb 4	Mar 4	Apr 1	May 6	Jun 3

Italian

We have two Italian language groups, basic and advanced.

Italian Conversation – self-led				
<i>Level 3 – For reasonably fluent Italian speakers. The group has a maximum of 12 to allow a free-flowing relaxed conversation on any topics that arise.</i>				
Contact	Lucy Sanders-Hewitt- itcon@farnhamu3a.org.uk			
Meets	Fortnightly, Monday, 11.30–12.30			
Sep 9, 23	Oct 14, 28	Nov 11, 25	Dec 9	Jan 13, 27
Feb 10, 24	Mar 10, 24	Apr 14, 28	May 12	Jun 2, 16, 30
Italian Improvers – Laurence Carter				
<i>Level 2 – For those who have covered the basic grammar and have a reasonable vocabulary.</i>				
Contact	Laurence Carter – itimp@farnhamu3a.org.uk			
Meets	Fortnightly, Monday, 11.30–12.45			
Sep 16, 30	Oct 7, 21	Nov 4, 18	Dec 2, 16	Jan 6, 20
Feb 3, 17	Mar 3, 17, 31	Apr 14, 28	May 19	Jun 9, 23; Jul 7

Jazz Club – Alan Little & Tony Ashwell				
<i>"It Don't Mean A Thing, If It Ain't Got That Swing". We have an eclectic approach that embraces all genres of jazz, blues and related music. There is 'something for everybody'. Most sessions are created by members. We welcome new members and new contributors to the programme.</i>				
Contact	Ann Vickers – jazz@farnhamu3a.org.uk			
Meets	Fortnightly, Thursday, 14.15–16.15			
Sep 5, 19	Oct 3, 17, 31	Nov 14, 28	Dec 5, 19	Jan 16, 30
Feb 6, 20	Mar 6, 27	Apr 3, 17	May 1, 15	Jun 5, 19

Literary Topics

– Jan Herbert

A stimulating series of lectures relating to matters of literary interest. Next year the theme will be books relating to translation. The team of presenters will consider these themes in writers ranging from Boccaccio to Brian Friel.

Contact	Jan Herbert – littop@farnhamu3a.org.uk
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Meets	Monthly, Thursday, 10.00–12.00
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Sep 19	Oct 17	Nov 7	Dec 19	Jan 16
Feb 27	Mar 27	Apr 17	May 15	Jun 19

Mah Jong

– self-led

Guidance is available and beginners are welcome. Guidelines and lists of hands are available to those who are new to the group. Bring along your Mah Jong set and/or racks to the sessions.

Contact	Gill & Stephen Tilburn – mah@farnhamu3a.org.uk
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Meets	Fortnightly, Tuesday, 10.00–12.00
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Sep 10, 24	Oct 8, 22	Nov 12, 26	Dec 3, 17	Jan 14, 28
Feb 11, 25	Mar 11, 25	Apr 15, 29	May 13, 27	Jun 10, 24

MOTO Group

– for Members On Their Own

Members will meet others in a similar situation and learn from each other's experiences through regular social gatherings and visits to local events and attractions.

Contact	Maria Mitchell – moto@farnhamu3a.org.uk
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Meets	Monthly, Friday, 14.00-16.00. Meetings alternate between Farnham Maltings (FM) and local cafés and hotels.			
Sep 20 (FM)	Oct 25	Nov 29 (FM)	Dec 20	Jan 31 (FM)
Feb 28	Mar 28 (FM)	Apr 25	May 30 (FM)	Jun 27

Movement to Music – Caryl Griffith				
<i>A gentle warm up of the whole body to help with balance and movement. It is good for keeping an active mind and we have fun. All are welcome.</i>				
Contact	Joanna Hobbs – movmus@farnhamu3a.org.uk			
Meets	Fortnightly, Friday, 10.00-11.00			
Sep 6, 20	Oct 4 18	Nov 1, 22	Dec 6, 20	Jan 3, 17
Feb 7	Mar 7, 21	Apr 4, 25	May 2, 16	Jun 6, 20

Movement and Balance – Joanna Payne				
<i>While moving to music, we aim to improve our balance, strength, coordination, and flexibility, working through the whole body and ending with a feeling of well-being</i>				
Contact	Joanna Payne – movbal@farnhamu3a.org.uk			
Meets	Fortnightly, Tuesday, 12.15-13.15			
Sep 3, 17	Oct 1, 15	Nov 12, 26	Dec 10	Jan 14, 28
Feb 11, 25	Mar 11, 25	Apr 15, 29	May 13, 27	Jun 10, 24

Opera – Pam Laslett

Talks and screenings covering all periods and aspects of opera. The programme may be varied to include interests or contributions from members.

Contact	Glennis Turner - opera@farnhamu3a.org.uk			
Meets	Monthly, Tuesday, 13.30-16.00			
Sep 3	Oct 1	Nov 5	Dec 17	Jan 7
Feb 4	Mar 4	Apr 8	May 6	Jun 3

Painting

We have three fortnightly painting groups, one is purely for beginners and the other two welcome beginners as well as more experienced painters.

Drawing and Painting for Beginners – Val Atkinson – **NEW**

Want to have a go at drawing and painting, but not sure where to start? Come and learn a few basic techniques, have fun trying new ideas, and maybe even produce something you'll be proud of!

Contact	Val Atkinson - begpaint@farnhamu3a.org.uk			
Meets	Fortnightly, Wednesday, 10.00-12.00			
Sep 4	Oct 2, 16, 30	Nov 13	Dec 4, 18	Jan 8, 22
Feb 5, 19	Mar 5, 19	Apr 2, 16	May 7, 21	Jun 4, 18

Painting 1 – Alison Ridgeon

A friendly painting group for all abilities, with a programme of activities. Help and advice given where necessary. Occasional workshops and demonstrations are organised.

Contact	Alison Ridgeon - paint1@farnhamu3a.org.uk			
Meets	Fortnightly, Tuesday, 14.00-16.00			
Sep 10, 24	Oct 8, 22	Nov 12, 26	Dec 17	Jan 7, 21

Feb 4, 18	Mar 4, 18	Apr 15, 29	May 6, 20	Jun 10, 24
Painting 2 – self-led				
<i>Painters of all abilities are welcome to join this friendly group. You can do your own thing or join in some themed sessions. We also have demos and taught sessions occasionally, and charge a small fee to cover these at the beginning of the u3a year.</i>				
Contact	Val Atkinson – paint2@farnhamu3a.org.uk			
Meets	Fortnightly, Friday, 10.00–12.00			
Sep 6, 20	Oct 18	Nov 22, 29	Dec 20	Jan 3, 17
Feb 7, 28	Mar 7, 14	Apr 4, 25	May 16, 30	Jun 6, 20

Pétanque – NEW				
<i>This is a new group with a limit of 20 players. There will be a charge of £3 per session. Play will be at Crondall Pétanque Club, Cody Sports & Social Club, The Fairway, Old Ively Road, Farnborough, Hampshire, GU14 0LP. To continue we will need a group leader.</i>				
Contact	Peter Walker – temporary group leader petan@farnhamu3a.org.uk			
Meets	Fortnightly, Wednesday, 10.00–12.00			
		Apr 16,, 30	May 14, 28	Jun 11, 25

Philosophy
<i>We have two Philosophy discussion groups, differing slightly in mode of operation, as explained below.</i>
Philosophy 1 – Ann Vickers

In Philosophy 1 we prepare a chapter from our current book-choice (or something from the media), and then look at it in detail during the class. Discussion is encouraged.

Contact	Ann Vickers - phil1@farnhamu3a.org.uk			
Meets	Monthly, Wednesday, 14.00–16.00			
Sep 18	Oct 16	Nov 27	Dec 18	Jan 15
Feb 19	Mar 19	Apr 23	May 21	Jun 18
Philosophy 2 – self led				
<i>Philosophy 2 differs from Philosophy 1, in that we each take it in turn to present a chapter from our chosen book. Again, discussion is encouraged.</i>				
Contact	Ann Vickers - phil2@farnhamu3a.org.uk			
Meets	Monthly, Wednesday, 14.00–16.00			
Sep 11	Oct 9	Nov 13	Dec 11	Jan 8
Feb 12	Mar 12	Apr 16	May 14	Jun 11

Photography

– committee led

This is a friendly group suitable for all abilities. Improve your digital images. Enjoy talks and workshops on various aspects of Photography. The group's end of year digital image competition celebrates the achievements of all members. Please see our detailed programme on the u3a website.

Contact	Tricia Osborne, Janet Blaver, Ian Newman – photo@farnhamu3a.org.uk			
Meets	Fortnightly, Monday, 10.00–12.00			
Sep 9, 23	Oct 14, 28	Nov 11, 25	Dec 9	Jan 13, 27
Feb 10, 24	Mar 10, 24	Apr 14, 28	May 19	Jun 9, 23; Jul 7

Pickleball- NEW

We are running a 7 week Pickleball group to gauge interest in this fast-growing sport. We will provide balls and some paddles and introduce Beginners to the game. Members who have played before are equally welcome. Venue: Bourne Club

Contact Janine Durrant
pickle@farnhamu3a.org.uk

Meets Weekly, Thursdays, 13.00-15.00

Mar 27	Apr 3, 24	May 1, 8, 15, 22		
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Pilates

We have six groups, providing exercises to improve posture, balance and flexibility, to strengthen muscles and to keep joints mobile. Each class is run by an external qualified tutor who caters for all ability levels, with or without experience. There is a fee for each group.

The Wednesday Pilates classes meet at Daniel Hall, Long Garden Walk, Farnham, GU9 7HX.

Pilates 1 – Amy Taylor (external qualified tutor)

Mats are **NOT** provided.

Contact Angela Hale - pila1@farnhamu3a.org.uk

Meets Weekly, Monday, 12.15-13.15

Sep 2, 9, 16, 23, 30	Oct 7, 14, 21	Nov 4, 11, 18, 25	Dec 2, 9, 16	Jan 6. 13, 20, 27
Feb 3, 10, 24	Mar 3, 10, 17, 24, 31	Apr 7, 14, 28	May 12, 19	Jun 2, 9, 16, 23, 30

Pilates 2 – Carron Wellings, (external qualified tutor)

Contact	Alison Hepburn – pila2@farnhamu3a.org.uk			
Meets	Weekly, Wednesday, 13.00–14.00			
Sep 4, 11, 18, 25	Oct 2, 9, 16, 23, 30	Nov 6, 13, 20, 27	Dec 4, 11, 18	Jan 8, 15, 22, 29
Feb 5, 12, 19, 26	Mar 5, 12, 19, 26	Apr 2, 9, 16, 23, 30	May 7, 14, 21, 28	Jun 4, 11, 18, 25
Pilates 3 – Carron Wellings (external qualified tutor)				
Contact	Mary Riggs – pila3@farnhamu3a.org.uk			
Meets	Weekly, Wednesday, 14.00–15.00			
Sep 4, 11, 18, 25	Oct 2, 9, 16, 23, 30	Nov 6, 13, 20, 27	Dec 4, 11, 18	Jan 8, 15, 22, 29
Feb 5, 12, 19, 26	Mar 5, 12, 19, 26	Apr 2, 9, 16, 23, 30	May 7, 14, 21, 28	Jun 4, 11, 18, 25
Pilates 4 – Kay Wardle (external qualified tutor)				
<i>Mats are NOT provided.</i>				
Contact	Doreen Chelton – pila4@farnhamu3a.org.uk			
Meets	Weekly, Monday, 09.50 – 10.50			
Sep 2, 9, 16, 23, 30	Oct 7, 14, 21	Nov 4, 11, 18, 25	Dec 2, 9, 16	Jan 6. 13, 20, 27
Feb 3, 10, 24	Mar 3, 10, 17, 24, 31	Apr 7, 14, 28	May 12, 19	Jun 2, 9, 16, 23, 30
Pilates 5 – Amy Taylor (external qualified tutor)				
<i>Mats are NOT provided.</i>				
Contact	Sarah Burt – 725127 (telephone only)			
Meets	Weekly, Monday, 11.00–12.00			
Sep 2, 9, 16, 23, 30	Oct 7, 14, 21	Nov 4, 11, 18, 25	Dec 2, 9, 16	Jan 6. 13, 20, 27

Feb 3, 10, 24	Mar 3, 10, 17, 24, 31	Apr 7, 14, 28	May 12, 19	Jun 2, 9, 16, 23, 30
Pilates 6 – Carron Wellings (external qualified tutor)				
Contact	Karen Tinson – pila6@farnhamu3a.org.uk			
Meets	Weekly, Wednesday, 11.30–12.30			
Sep 4, 11, 18, 25	Oct 2, 9, 16, 23, 30	Nov 6, 13, 20, 27	Dec 4, 11, 18	Jan 8, 15, 22, 29
Feb 5, 12, 19, 26	Mar 5, 12, 19, 26	Apr 2, 9, 16, 23, 30	May 7, 14, 21, 28	Jun 4, 11, 18, 25

Play Reading				
– Geoff Quick				
<i>An informal gathering round a table reading plays for pleasure. We have recently read works by Joe Orton, George Bernard Shaw, Muriel Spark and Noel Coward.</i>				
Contact	Geoff Quick – play@farnhamu3a.org.uk			
Meets	Two meetings monthly, same Thursday, first meeting from 10.00–12.00; second meeting 14.00–16.00			
Sep 19	Oct 17	Nov 7	Dec 12	Jan 16
Feb 6	Mar 13	Apr 24	May 15	Jun 26
Online meetings	When not at the Maltings, a number of the group also meet weekly on Zoom at 2pm (for 1 hour) taking two weeks to read through a complete play. – contact Geoff for details.			

Poetry
– Patricia Thorns

Our theme this year is "The 20th Century – from fine detail to the broad brush strokes".

Contact Ann Vickers – poet@farnhamu3a.org.uk

Meets Monthly, Tuesday, 14.00–16.00

Sep 3	Oct 8	Nov 5	cancelled	Jan 7
Feb 4	Mar 4	Apr 1	May 6	Jun 3

Pub Lunch

– David Swayne

Meets for topical and convivial discussion over lunch in local pubs.

Contact David Swayne – publun@farnhamu3a.org.uk

Meets Monthly, Tuesday 12.15. Venue as advised.

Sep 3	Oct 1	Nov 5	Dec 3	Jan 7
Feb 4	Mar 4	Apr 1	May 6	Jun 3

Ramblers

Two Ramblers groups where members get together to enjoy a sociable walk and (optional) pub lunch and a chat.

Ramblers 1 – Roger Jude

Circular walks of around five miles, organised by members, from different locations, finishing c 12.30 p.m. in time for the optional pub lunch and chat.

Contact Christina Evans – ramb1@farnhamu3a.org.uk

Meets Fortnightly, Friday, 10.00 – 12.30 (approx.)

Sep 13, 27	Oct 11, 25	Nov 8, 22	Dec 6, 20	Jan 3, 17, 31	Feb 14, 28
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Mar 14, 28	Apr 11, 25	May 9, 23	Jun 6, 20	Jul 11, 25	
Ramblers 2 – Sarah Burt					
<i>A second rambling group similar to Ramblers 1, with local circular walks of 5 miles or less and an optional pub lunch and chat at the end. Members are encouraged to lead walks and volunteers are always needed for this.</i>					
Contact	Sarah Burt – ramb2@farnhamu3a.org.uk				
Meets	1st and/or 3rd Thursday of the month, 10.30–12.30 approx				
Sep 5, 19	Oct 3, 17	Nov 7, 21	Dec 5, 19	Jan 16	Feb 6, 20
Mar 6, 20	Apr, 3	May 1, 15	Jun 5, 19	Jul 3	

Russian – Steve Eddolls <i>There are two Russian groups led by Steve.</i>					
Russian Level 1 – Steve Eddolls – NEW					
<i>Complete beginners and those with a previous knowledge of the language who need to go back to basics are welcome to attend sessions from 10.30 to 11.00 immediately before the fortnightly 11.00 – 12.00 sessions for advanced learners.</i>					
Contact	Steve Eddolls – russ@farnhamu3a.org.uk				
Meets	Fortnightly, Tuesday, 10.30–11.00				
Sep 10, 24	Oct 8, 29	Nov 12, 26	Dec 10	Jan 14, 28	
Feb 11, 25	Mar 11, 25	Apr 15, 29	May 13, 27	Jun 10, 24	
Russian Level 2 – Steve Eddolls					

The aim of the course is to achieve a good reading standard and an ability to communicate using basic sentence structures with grammar explained by example. The course is based on The New Penguin Russian Course by Nicholas Brown.

Contact	Steve Eddolls – russ@farnhamu3a.org.uk			
Meets	Fortnightly, Tuesday, 11.00–12.00			
Sep 10, 24	Oct 8, 22	Nov 12, 26	Dec 10	Jan 14, 28
Feb 11, 25	Mar 11, 25	Apr 15, 29	May 13, 27	Jun 10, 24

Scrabble

– Kathy Hamilton

Our Scrabble group is friendly and fun. We are not all experts and welcome all levels of expertise..

Contact	Shirley Foster – scrab@farnhamu3a.org.uk			
Meets	Fortnightly, Friday, 14.00–16.00			
Sep 6, 20	Oct 4, 18	Nov 1, 22	Dec 6, 20	Jan 3, 17
Feb 7, 21	Mar 7, 28	Apr 4, 25,	May 2, 16	Jun 6, 20

Scrapbooking Group

– Rosemarie Gilbert

Do you have a box of photos that need mounting and identifying? Perhaps you are interested in Family History? Come along and join a keen happy group who are enjoying sorting out their photos and displaying them with any details and memories for future generations.

Contact	Rosemarie Gilbert – scrap@farnhamu3a.org.uk			
Meets	Fortnightly, Monday, 10.00–12.00			

Sep 16, 30	Oct 7, 21	Nov 11, 18	Dec 2	Jan 6, 20
Feb 3, 24	Mar 3, 17, 31	Apr 14, 28	May 12	Jun 9, 23 Jul 7

Shakespeare

– Tricia Wallis

"He was not of an age but for all time". We will cover one play a month. Analysis of key scenes. Informative and interactive. Lots of opportunity to read aloud and discuss. Please only join one of the groups.

Contact Tricia Wallis – shak1@farnhamu3a.org.uk
shak2@farnhamu3a.org.uk

Meets Monthly, Wednesday, 10.00 – 12.00

Shakespeare 1

Sep 4	Oct 2	Nov 6	Dec 4	Jan 15
Feb 5	Mar 5	Apr 2	May 7	Jun 4

Shakespeare 2

Sep 18	Oct 16	Nov 27	Dec 18	Jan 22
Feb 19	Mar 19	Apr 23	May 21	Jun 18

Short Stories

– Jane Blandy

Members read a short story selected from an anthology (currently 'That Glimpse of Truth' Ed. David Miller) in preparation for the session. We listen to a presentation by a member of the group about the writer and the story, then share our views and discuss set questions as a whole group.

Contact Richenda Wallace – short@farnhamu3a.org.uk

Meets Monthly, Wednesday, 10.00–12.00

Sep 18	Oct 16	Nov 27	Dec 18	Jan 22
Feb 19	Mar 26	Apr 23	May 21	Jun 18

Smartphone Workshop

– Kate Harvey

This workshop, consisting of 4 sessions, is designed to help you get more out of your Smartphone. Suitable for users of either iPhones or Android phones. This is a repeat of sessions held in previous years so priority will be given to those that haven't already attended a Smartphone Workshop

Contact	Kate Harvey – smart@farnhamu3a.org.uk			
Meets	Monthly, Wednesday, 10.00–12.00			
Mar 5	Apr 2	May 7	Jun 4	

Songwriting

– Peter Crutchfield & Mike Rawlins

We introduce the basic concepts of songwriting such as song structures, lyrical forms, melody, etc., while drawing on familiar songs as examples. During each session participants will work together and write a song. Some musical knowledge would be an advantage but is not essential – we all have songs within us.

Contact	Peter Crutchfield – songw@farnhamu3a.org.uk			
Meets	Monthly, Thursday, 11.30–13.30			
Sep 26	Oct 24	Nov 14	Dec 5	Jan 23
Feb 20	Mar 27	Apr 17	May 29	Jun 19

Spanish

We currently have four Spanish language groups, set out below.

Spanish Advanced Conversation – Cesc Ingles

Level 6. Conversation group, conducted entirely in Spanish, for those with a sound working knowledge of the language. Members generally attend in person at the Maltings and Cesc attends via a Zoom link. Members can also attend via Zoom if they cannot be present in person.

Contact	Cesc Ingles – spaadcon@farnhamu3a.org.uk			
Face to face	Fortnightly, Friday, 10.00–11.30			
Sep 6, 20	Oct 4, 18	Nov 8, 22	Dec 6, 20	Jan 10, 24
Feb 7, 21	Mar 14, 28	Apr 4, 25	May 9, 23	
Online	Face to face meetings will be supplemented with online meetings on Tuesdays, 10.00–11.30 in October, January and April arranged during the class.			

Spanish – First Steps – Sue Treherne

Level 1–3. This is a fun course taught predominantly in Spanish using stories and games to reinforce vocabulary. Students are encouraged to study on their own as well, using language apps and podcasts, in order to make rapid progress. Emphasis is on comprehension rather than grammar. Hasta luego, amigo – see you later, my friend.

Contact	Sue Treherne – spafistep@farnhamu3a.org.uk			
Meets	Weekly, Thursday 14.00 – 15.30			
Sep 26	Oct 3, 10, 18, 24, 31	Nov 7, 14, 21, 28	Dec 5, 12, 19	Jan 2, 9, 23, 30
Feb 6, 20, 27	Mar 6, 13, 27	Apr 3, 17, 24	May 1, 8, 15, 22, 29	Jun 5 19, 26 cancelled

Spanish Higher Intermediate – Gary Tyas

Level 4. Participants should have a sound knowledge of Spanish grammar

and vocabulary. The class aims to extend this and to promote greater oral fluency.

Contact	Gary Tyas – spahint@farnhamu3a.org.uk			
Meets	Fortnightly, Wednesday, 11.30–13.00			
Sep 4, 18	Oct 2, 16	Nov 6	Dec 4, 18	Jan 8, 22
Feb 5, 19	Mar 5, 19	Apr 2, 16	May 7, 21	Jun 4, 18

Spanish Improvers – Gary Tyas

Level 3 – Suitable for people seeking to build on a basic knowledge of Spanish. The emphasis is on improving oral skills, extending vocabulary and grammatical knowledge through the use of reading, listening and written material. Face to face meetings at the Maltings are supplemented in alternate weeks by online Zoom sessions.

Contact	Gary Tyas – spaimp@farnhamu3a.org.uk			
Meets	Fortnightly, Monday, 9.30–11.00			
Sep 16, 30	Oct 7, 21	Nov 11, 25	Dec 9	Jan 6, 20
Feb 3, 17	Mar 3, 17, 31	Apr 14, 28	May 12	Jun 9, 23; Jul 7

Stamps Rediscovered

– Laurence Anslow

This group offers a chance to rediscover the pleasure and excitement we had as youngsters, when we formed our whole-world stamp collections. We will investigate the stamps from our own country and those of other countries, year by year, together with new issues.

Contact	Laurence Anslow – stamps@farnhamu3a.org.uk			
Meets	Monthly, Tuesday, 14.00 – 16.00			
Sep 10	Oct 8	Nov 12	Dec 10	Jan 7

Feb 11	Mar 11	Apr 15	May 13	Jun 10
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Sunday Lunch Club

This is an opportunity for those who live on their own to enjoy Sunday lunch out in convivial company. There are three Sunday Lunch Clubs, the first two normally meeting on the same day and time but at different venues. The new Sunday Lunch 3 will meet on a different Sunday to the other two. Members should join one group only.

Sunday Lunch 1 – Maria Mitchell

Contact	Maria Mitchell – sund1@farnhamu3a.org.uk			
Meets	Monthly, Sunday, 12.00 onwards			
Sep 22	Oct 20	Nov 17	Dec 8	Jan 19
Feb 16	Mar 16	Apr 13	May 18	Jun 15

Sunday Lunch 2 – Linda Armstrong and Nigel Bulbeck

Contact	Nigel Bulbeck – sund2@farnhamu3a.org.uk			
Sep 15	Oct 20	Nov 17	Dec 15	Jan 19
Feb 16	Mar 16	Apr 20	May 18	Jun 22

Sunday Lunch 3 – Nigel Bulbeck– **NEW**

Contact	Nigel Bulbeck – sund3@farnhamu3a.org.uk			
Sep 29	Oct 27	Nov 24	Dec 22	Jan 26
Feb 23	Mar 23	Apr 27	May 25	Jun 27

Swimming

– Paul Pike

This is purely recreational swimming with a very friendly group. There is no tuition, the pool is 25m in length with 2 lanes dedicated to the group. A lifeguard is present and parking is available at Farnham town rates close by.

Contact	Margaret Reiter - swimm@farnhamu3a.org.uk			
Meets	Fortnightly, Tuesday, 12.00–13.00 at the Farnham Leisure Centre.			
Sep 10, 24	Oct 8, 22	Nov 5, 19	Dec 3	Jan 14, 28
Feb 11, 25	Mar 11, 25	Apr 22	May 6, 20	Jun 3

Table Tennis

We have two Table Tennis groups that meet alternate Mondays at the Bourne Club. Both groups are for players of all abilities. We have the use of four tables, adequately spaced in a comfortable room, playing doubles to the old rules of 21 up. Please do not join both groups.

Table Tennis 1 – Anne Connolly

Contact	Anne Connolly - tabten1@farnhamu3a.org.uk			
Meets	Twice monthly, Monday, 13.30 – 15.30 at The Bourne Club.			
Sep 2, 16, 30	Oct 14, 28	Nov 11, 25	Dec 9	Jan 6, 20
Feb 3, 17	Mar 3, 17, 31	Apr 14, 28	May 12	

Table Tennis 2 – Colin Hall

Contact	Annette Kratz - tabten2@farnhamu3a.org.uk			
Meets	Twice monthly, Monday, 13.30 – 15.00 at The Bourne Club.			
Sep 9, 23	Oct 7, 21	Nov 4, 18	Dec 2, 16	Jan 13, 27
Feb 10, 24	Mar 10, 24	Apr 7	May 19	Jun 2

Tai Chi

These groups are led by professional, paid tutors. All groups cater for beginners and improvers. They begin with warm-up exercises and deep breathing routines, leading to the slow controlled movements of the Form, to improve balance, coordination and concentration. There is a fee for each group.

Tai Chi 1 – Debbie Heaney (external qualified tutor)

Contact	Janet Wilson – tai1@farnhamu3a.org.uk			
Meets	Weekly, Thursday, 13.45–14.45			
Sep 5, 19, 26	Oct 3, 10, 17, 24, 31	Nov 7, 14, 28	Dec 5, 12	Jan 9, 16, 23
Feb 6, 20, 27	Mar 6, 13, 27	Apr 3, 24	May 1, 8, 15, 29	Jun 5, 19, 26

Tai Chi 2 – Arta Split (external qualified tutor)

Contact	Diane Godwin – tai2@farnhamu3a.org.uk			
Meets	Weekly, Wednesday, 09.15–10.15			
Sep 4, 11, 18, 25	Oct 2, 9, 16, 23, 30	Nov 6, 13, 27	Dec 4, 11, 18	Jan 8, 15, 22
Feb 5, 12, 19, 26	Mar 5, 12, 26	Apr 2, 16, 23	May 7, 14, 21, 28	Jun 4, 11, 18, 25

Tai Chi 3 – Arta Split (external qualified tutor)

Contact	Diane Godwin – tai3@farnhamu3a.org.uk			
Meets	Weekly, Wednesday, 10.30–11.30			
Sep 4, 11, 18, 25	Oct 2, 9, 16, 23, 30	Nov 6, 13, 27	Dec 4, 11, 18	Jan 8, 15, 22
Feb 5, 12, 19, 26	Mar 5, 12, 26	Apr 2, 16, 23	May 7, 14, 21, 28	Jun 4, 11, 18, 25

Tai Chi 4 – Debbie Heaney (external qualified tutor)

Contact	Geoff Dorrell – tai4@farnhamu3a.org.uk			
Meets	Weekly, Friday, 11.15–12.30			
Sep 6, 20	Oct 4, 18, 25	Nov 1, 22, 29	Dec 6, 13	Jan 3, 10, 17, 24, 31
Feb 7, 21, 28	Mar 7, 14, 28	Apr 4, 25	May 2, 16, 23, 30	Jun 6, 20, 27

<p>Theatre Group</p> <p>Steve Tilburn</p> <p>Mandy Caine</p>	
<p><i>The NEW Theatre Group arranges visits, by coach, to a variety of theatres in the area, including London and Chichester. We aim for a varied programme including musicals, comedy, and serious plays. Future shows are advertised in advance on the group's webpage; details are emailed out to the group's members approximately 6–8 weeks beforehand. Sarah Burt is acting as Show Consultant/Advisor.</i></p>	
Contact	theatre@farnhamu3a.org.uk

<p>Tennis</p> <p>– Paul Townson</p>				
<p><i>The Tennis Group will meet initially from September to November on a fortnightly basis at Wrecclesham Tennis Club for social tennis. Mornings 10.00–12.00. Please bring your own racquet and wear suitable shoes and clothes. Balls will be provided.</i></p>				
Contact	Paul Townson– tennis@farnhamu3a.org.uk			
Sep 5, 19	Oct 3, 17	Nov 7, 21	Dec 5, 18	Jan 2, 16
Feb 6, 20	Mar 6, 20	Apr 3, 24	May 1, 15	

Traditional Dancing

– Caryl Griffith

Enter the Mediaeval world through dance. We will then become time travellers experiencing each era through dance and the manners of each new age.

Contact	Jo Hobbs – traddan@farnhamu3a.org.uk			
Meets	Fortnightly, Thursday, 10.00–11.00			
Sep 5, 19	Oct 3, 17, 31	Nov 14, 28	Dec 12	Jan 9 23
Feb 6, 27	Mar 13, 27	Apr 17, 24	May 8, 15	Jun 5, 19

Travelling the World

– Judith Brooks and Sally Bowden

This informal group is for people who enjoy travelling and finding out about our world through sharing stories. We will also look at different ways of travelling and how to record and share your experiences.

Contact	Judith Brooks – travel@farnhamu3a.org.uk			
Meets	Monthly, Mondays, 10.00–12.00			
Sep 16	Oct 14	Nov 11	Dec 9	Jan 13
Feb 17	Mar 10	Apr 7	May 12	Jun 9

Wine Club

We have four u3a groups dedicated to lne

Wine Discovery – John Hemsley

The course comprises 8 sessions with a charge of £80 to buy the wine. Our group of enthusiastic amateurs is self-led, enjoying and learning more about

quality wines from all parts of the world.					
Contact	Graham Parlett – winedisc@farnhamu3a.org.uk				
Meets	Monthly, Thursday, 14.00–16.00				
Oct 10	Nov 7	Dec 12	Jan 9		
Feb 13	Mar 13	Apr 3	May 8		
Wine for Fun 1 – Kate Harvey					
<i>The Wine for Fun 1 group meets monthly for twelve meetings a year when a lively group get together to taste wine and learn something about it. Members take turns to present their own choice of wine. The cost is £80 per person per year payable in advance.</i>					
Contact	Pauline Belfield – wine1@farnhamu3a.org.uk				
Meets	Monthly throughout the year, Thursday, at the Maltings except in August, 17.00–19.00				
Sep 19	Oct 17	Nov 14	Dec 19	Jan 16	Feb 20
Mar 20	Apr 17	May 15	Jun 19	Jul 24	
Wine for Fun 2 – Karen Kelley					
<i>Wine tasting sessions presented by group members. A very participative group which runs all year and aims to include a field trip. The cost is £80 for the year, payable in advance.</i>					
Contact	Joan Kerr – wine2@farnhamu3a.org.uk				
Meets	Monthly throughout the year, Wednesday, 17.00–19.00				
Sep 11	Oct 9	Nov 13	Dec 11	Jan 8	Feb 12
Mar 12	Apr 16	May 14	Jun 11	Jul 9	Aug 13
Wine for Fun 3 – Colin Jordan – NEW					
<i>Wine tasting sessions presented by group members. A very participative group which runs all year and aims to include a field trip. The cost is £65 for the year, payable in advance.</i>					

Contact	Colin Jordan – wine3@farnhamu3a.org.uk				
Meets	Monthly throughout the year, Wednesday, 17.00–19.00				
Sep 4	Oct 2	Nov 6	Dec 4	Jan 15	Feb 5
Mar 5	Apr 2	May 7	Jun 4		

Woven Tapestries

– Jane Kirby **NEW**

Decorative tapestries have been woven for centuries, and the art is still practised around the world though there are very few formal routes to learning the techniques. The aim of this course is to deliver a series of talks taking you through the history of woven tapestries (not embroideries), from the earliest recorded examples to the 21st century. We may also plan a trip if there is a relevant exhibition during the year. A repeat of the 2022–23 course.

Contact	Jane Kirby – wovtap@farnhamu3a.org.uk				
Meets	Monthly, Tuesday, 10.00 – 11.30				
Sep 17	Nov 5	Dec 3	Jan 7	Feb 4	
Mar 4	Apr 1	May 6	Jun 3		

Yoga

We offer two groups, both catering for mixed abilities.

Yoga 1– Caroline Clarke (external qualified tutor)

There is a fee for this group.

Contact	Christina Evans – yoga1@farnhamu3a.org.uk				
Meets	Weekly, Wednesday, 10.00–11.00				
Sep 11, 18, 25	Oct 2, 9, 16, 23, 30	Nov 6, 13, 27	Dec 4, 11, 18	Jan 15, 22, 29	

Feb 5, 19, 26	Mar 5, 12, 19, 26	Apr 2, 9, 16, 30	May 7, 14, 21, 28	Jun 4, 11, 18, 25
Yoga 2 – Caroline Clarke (external qualified tutor)				
<i>There is a fee for this group.</i>				
Contact	Christina Evans – yoga2@farnhamu3a.org.uk			
Meets	Weekly, Wednesday, 12.00–13.00			
Sep 11, 18, 25	Oct 2, 9, 16, 23, 30	Nov 6, 13, 27	Dec 4, 11, 18	Jan 15, 22, 29
Feb 5, 19, 26	Mar 5, 12, 19, 26	Apr 2, 9, 16, 30	May 7, 14, 21, 28	Jun 4, 11, 18, 25

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Language Levels

The following is a guide to the skills required for each level, as specified in the language groups:

- **Level 1** – Beginner – No previous knowledge required.
- **Level 2** – Elementary – "I can use simple phrases and sentences to describe where I live and people that I know".
- **Level 3** – Lower intermediate – "I can use a series of phrases and sentences to simply describe my family and other people, living conditions, my educational background and my present/most recent job".
- **Level 4** – Mid intermediate – "I can connect phrases in a simple way in order to describe experiences and events, my dreams, hopes and ambitions. I can briefly give reasons and explanations for opinions and plans. I can narrate a story or relate the plot of a book or film and describe my reactions".
- **Level 5** – Higher intermediate – "I can present detailed descriptions on a wide range of subjects related to interests. I can explain a viewpoint on a topical issue giving the advantages and disadvantages of various options".
- **Level 6** – Advanced – "I can present clear, detailed descriptions of complex subjects integrating sub-themes, developing particular points and rounding off with an appropriate conclusion.

